

# *Fitness Mogul...* REAL WOMEN, REAL STORIES



“*I never liked exercise or to push myself much beyond what was easy, but all that changed when I took my first Fitness Mogul class. I finally found the place that made me want to push myself beyond my self-imposed limits. The classes are different enough to keep boredom (or that excuse) away but not so much that I felt lost from class to class. It is a fun, supportive, uplifting environment with such a great staff that it makes you want to push yourself to please them and yourself. I have increased my strength, toned my body (I like my arms for the first time in my life), I learned that pushing yourself beyond what is easy has it's rewards and it's really not that hard to do. I gained confidence, I formed relationships with such wonderful people they are a great group of women that support and inspire, and they don't judge. But most importantly I gained a true friend in Rachel. Her unconditional support and caring is the key to my success. I consider myself very lucky to call her my friend.*”

– Roxanne Andronico

**Let us help change  
your life for only \$79  
for your first 6 weeks, call  
Rachel at 609-412-3234  
to schedule your  
first orientation.**



*Fitness*  
M O G U L  
Group Exercise  
Pole Dancing Studio

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